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Coaching For Performance: Growing People, Performance and ...  
Coaching for Performance: GROWing Human Potential and Purpose - the Principles and Practice of Coaching and Leadership (4th Edition) (People Skills for Professionals) Paperback — 14 May 2009.  
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Performance – GROWing People,  
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John Whitmore. Paperback: 168 pages.  
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Revised edition edition (12 Mar 2002)  
Language: English. ISBN-10: 1857883039.  
ISBN-13: 978-1857883039. Dimensions:  
22.8 x 18 ...

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world to the GROW Model, created by Sir  
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## GROW Model Guide - Performance Consultants

Coaching for Performance is the bible of the industry and very much the definitive work

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that all coaches stand on. This new edition explains clearly and in-depth how to unlock people's potential to maximise their performance. Contains the eponymous GROW model (Goals, Reality, Options, Will), now established as the basis for coaching professionals.

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Growing People is a mental health charity based in Letchworth, the world's first garden city. Our qualified staff provide a range of services using proven social and therapeutic horticulture therapies to improve the wellbeing and recovery of Hertfordshire residents.

home - Growing People

High-performance coaching conversations usually start with finding out people's "starting points" - their visions or life

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ambitions. You can then look at helping the coachee obtain a balanced set of skills, while looking at emotional interferences such as their worries and fears.

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Coaching for Performance: Growing People, Performance ...

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coach effectively, uniting people under one  
purpose to improve performance.

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